

Preparedness at a Glance

September 6, 2013

Inside This Issue:

1 On the RADAR:

Upcoming Deliverables

Deliverable Highlight – Critical Infrastructure

2-3 Local News:

LCDHD Scavenger Hunt

Madison Co. MRC Supports Search

Graves Co. – Pet Preparedness

Region 12 – Zumro Tent set up

FCHD Hosts Food Emergency Course

Diabetes 911

3 News from the Branch:

September - National Preparedness Month

Animal Preparedness Training Module

Thank you – Kristy Bolen & Ron Enders

4 Training – In the Know

4 Upcoming Events/Exercises

Boyd and Rowan LHDs host shelter planning meetings

Stephany Vento - Warrior Dash

CONTACT INFORMATION

Preparedness Branch

Phone: 502-564-7243

Fax: 502-564-4387

DOC (Level 2 & 1)

Phone: 502-564-5459/60

Fax: 502-564-0477

Email: chfsdphdoc@ky.gov

KDPH Emergency Contact Information

KDPH On-call EPI: 1-888-973-7678

KYEM Duty Officer: 502-607-1638

IMPORTANT UPDATES

Deliverable Documents

All deliverable documents are now located in the Health Alert Network library on SharePoint <https://public.chfs.ky.gov>.

If you need access to SharePoint or have any questions please contact Amber Click Amber.Click@ky.gov or Drew Chandler Drew.Chandler@ky.gov.

ESF8 Workshop Dates Changed

ESF8 Workshop dates changed due to hotel conflict. Correct dates are March 3 – 5, 2014

On the RADAR: Upcoming Deliverables

The purpose of this rotating list of the upcoming deliverables is to serve as a reminder of the tasks local health departments need to complete. Since many of the deliverables are due by the end of the fiscal year – June 30, 2014, our goal is to encourage LHDs to develop a plan on how you will work on the deliverables throughout the year.

Core Deliverables

- **Joint Meetings**
 - Participate in Joint Meetings, Conference and ITVs. Next ITV meeting **10/9/13 1:30 – 4:30ET – MRB 1803654 – This ITV includes 1 of the 3 Capability Assessment Training sessions.** ITVs are also Webcast for those unable to participate on the scheduled date. Webcast link will be provided approximately 1 week after the ITV.
- **Plans**
 - COOP LHD Continuity of Operations Plan (COOP) uploaded into Catalyst **by 9/30/2013**
- **Training**
 - **Capability Assessment Training Workshop, Session 1- This session is held in conjunction with the 10/9/13 ITV.** After attending Each LHD should complete capability assessment survey within two weeks of the corresponding workshop. These sessions are recorded and available via Webcast for those unable to participate on the scheduled date. Webcast link will be provided approximately 1 week after the ITV.
- **Exercises**
 - 24/7 Contact - Maintain the ability for the public to reach LHD staff 24/7 through the main phone number within 30 minutes of the attempt. **KDPH will conduct exercise by 9/30/13**

MRC Deliverables

- **Medical Reserve Corps Tasks**
 - Offer at least two face-to-face MRC volunteer training sessions from the KY MRC training matrix. Contact: Heather.Walls@ky.gov for more information.

CRI Deliverables

- **CRI Tasks**
 - Each LHD jurisdiction will provide a completed and scored Local Technical Assistance (LTAR) to the KDPH CRI Coordinator **completed by 3/31/14**

Deliverable Highlight – Update Critical Infrastructure Personnel Numbers

To meet this deliverable each LHD review and update (as necessary) the Local Health Department's jurisdiction Critical Infrastructure Personnel numbers. The Critical Infrastructure Personnel numbers should be uploaded into Catalyst by **December 31, 2013.**

The guidance, template and other information has been uploaded to SharePoint. To find this

- Go to SharePoint at: <https://public.chfs.ky.gov/sites/DPH/deph/phpb/default.aspx>
- Look in the Health Alert Network Library
- Hover over "Modified By" and click the drop down arrow
- Sort by Lloyd Peniston.

If you don't have access to SharePoint, request it from the site. If you have further questions about SharePoint contact Amber Click, ext. 4031 or Drew Chandler, ext. 4030.

For more information on the deliverable contact: Lloyd Peniston, ext. 4039 or Shannon Gregory, ext. 4033

Local News:

LCDHD Preparedness Staff Plays Up Preparedness through Scavenger Hunt

Submitted by Jessica Gover

Preparedness Staff at the Lake Cumberland District Health Department held a Preparedness Scavenger hunt to encourage all LCDHD staff to become familiar with building an emergency kit for their families.

Staff were divided into sixteen teams with a minimum of ten persons each and were sent out to find items from the "20 Weeks to Preparedness Shopping List" in order to build their team's kit. Items had to be obtained from on their person, in their belongings or from their vehicles. Teams were required to physically bring the items to the check in point at the time they were ready to lock in their number of items as well as their time for verification.

Three "judges" checked items off the list and disqualified any items not appropriate; noting both the total number of items found and the time elapsed during the team's hunt. In an average of thirty minutes, teams found between 47 and 62 items from the list; numbers that astounded LCDHD preparedness staff.

Staff quickly found themselves thinking outside the box to come up with clever solutions when they were not able to locate certain items – a quality that would come in handy in a true disaster when specific items were not available.

One staff member shared with the Region 14 RPC about her knowledge of needing to have a kit, but having never really done anything with that knowledge. Anytime we can make learning and engaging in preparedness fun – that's a win.

Congratulations to LCDHD on implementing a best practice for training their staff in a fun, innovative way.

Madison MRC Supports Search

Submitted by Christie Green

Medical Reserve Corps volunteers recently helped support search and recovery efforts in the ongoing investigation of missing Berea teen Brookelyn Farthing. KY State Police organized two searches, the first on Friday, June 28th, and a second expanded search on Tuesday, July 23rd. Both searches were conducted in rural areas and over steep terrain that posed risks to searchers. MRC volunteers were positioned at incident command to assist with emergency first aid for searchers. There were just over 60 searchers at the first site on Floyd's Branch and almost 200 at the second, staged at Indian Fort Theater. The volunteers provided cooling neck wraps, assessed searchers for heat exhaustion, and offered DEET and permethrin repellents to prevent tick bites. Volunteers responding were Dr. Paula Maionchi; Barbara Dixon, RN; Byron Hoffman, EMT; Susan Thomason, RN; Wanda Henley, RN; and Johnathan Gilbert, EMT.

Region 12 Sets up Zumro Tent Submitted by Jarrod Crase

On July 26, 2013, the Region 12 Hospital Preparedness Coalition had their regularly scheduled meeting. However, this meeting was held outside, and inside one of the inflatable tents that were set-up at East Kentucky Veterans Center. The Region 12 HPC had set-up and inflated their Zumro tent, since most members of the coalition had not seen the Zumro tent inflated. The Zumro tent could be used as an asset for Region 12 HPC during times of a disaster. Also, Kentucky River District Health Department's Medical Reserve Corps had set-up their inflatable recovery tent as well. The Region 12 HPC would like to thank Air Methods for the aerial photos and East Kentucky Veterans Center once again for allowing the use of their grounds for this demonstration.



Floyd Co. HD Hosts Food Emergency Course

Submitted by Kim Hall

Eastern Kentucky was represented at the Coordinated Response to Food Emergencies Course. The Course was held on August 7 and 8 at the Floyd County Health Department. 25 participants attended the Course from Big Sandy, Kentucky River, and FIVCO areas. Disciplines represented at the course were public health, hospital, and emergency management.

The Course was provided by LSU. Responders received training on all-hazards food emergency response procedures with an emphasis on enhancing communication to facilitate the response effort. For the purposes of the course, food emergencies may include terrorism, naturally occurring events, or accidents that impact the food chain with the potential for mass consequences. The course focused on federal, state, and local agency communication and coordination during the response to and recovery from such emergencies.



LCDHD staff participates in Preparedness Scavenger Hunt

Graves Co. Promotes Pet Preparedness Submitted by Tina Massengill

Graves County Health Department educates pet owners how to be Pet Ready for disasters. The health department keeps Pet Ready Kits and educational packets on hand to use as part of the educational program. Community organizations often contact the health department to present at meetings. During Preparedness month, Pet Readiness is a popular topic. For more information on Pet Readiness visit ready.gov or call 1-800-BE-READY



Graves County HD Preparedness Coordinator, Shea Rodgers, puts together Pet Ready Kits.

Local New Continued:

Diabetes 911: Disaster Preparedness and Immunization Planning Workshop

Submitted by Margaret Hibbs

The Green River District Medical Reserve Corps (GRD MRC) in partnership with the Tri-State Association of Diabetes Educators (TRADE) hosted a training open to volunteers, diabetes educators and nurses within the Green River District area.

Speakers were Dr. Pamela Allweiss from the Centers for Disease Control and Prevention, Captain Doug Thoroughman for the Kentucky Department for Public Health and Taylor Preda, MRC Coordinator for the Green River District Health Department.

Speakers' addressed the importance and issues of pre-planning and preparedness of individuals with diabetes and other chronic diseases. They explained that people diagnosed with diabetes should have medical supplies and food stored in case of emergencies. These individuals should know how to prepare a disaster kit. Their grab and go bags should include supplies such as glucagon emergency kit and other items such as alcohol swabs, a meter to measure blood sugar and test strips, a lancet device a sharp container for used needles and extra insulin stored in a refrigerator. Individuals with diabetes need to know what medications they are on and its exact name and dosage. Patients without disaster kits/medical supplies could turn very critical in a short period of time if they don't pre-plan. The hope is that diabetes educators will provide guidance, support and assist their clients with the information on the importance of pre-planning and preparing.



News from the Branch:

September is National Preparedness Month What are you doing to prepare?

National Preparedness Month is a part of a governmental effort to strengthen the United States' preparedness capabilities. The national preparedness architecture encompasses prevention, protection, response, and recovery efforts to prepare the United States for all hazards – whether terrorist attack or natural disaster.

Since September 11th, 2001, the US Government has taken steps to encourage all citizens to make their own survival preparations. September was chosen as National Preparedness Month, as the tragedies of September 11th, 2001 highlighted to the nation the importance of being prepared.

The Preparedness Branch encourages everyone to recognize National Preparedness Month in thoughtful, fun and inventive ways. The LCDHD Scavenger Hunt is a great example of how to get staff involved in being better prepared for disasters. You can provide activities for staff, MRC members, community members or all three. It's not too late to get started. Follow these links to ready-made activities:

- <http://www.ready.gov/>
- <http://www.ready.gov/kids-coming-soon>
- <http://emilms.fema.gov/IS909/CP0101150.htm>
- <http://www.readyrating.org/>
- <http://www.iwillgetready.com/kids-emergency-preparedness-page/>
- <http://www.redcross.org/prepare>
- <http://emergency.cdc.gov/socialmedia/zombies.asp>
- <http://www.cdc.gov/features/beready/>
- <http://pinterest.com/americanpha/get-ready-emergency-disaster-preparedness/>

Or create your own way to help your community get prepared like hosting an **Emergency Kit Cook-off** – get everyone to submit recipes/dishes utilizing ingredients that might be found in a Go-kit.

Tell us about your National Preparedness Month activities! Send pictures if you take them and they may be included in the next newsletter.

Articles for the October newsletter are due September 20. Activities, articles and pictures can be submitted through your RPC or directly to KimD.Yazell@ky.gov.

New Community Awareness Training Module Available

Animals & Disasters: Awareness and Preparedness for Owners

Submitted by Margaret Hibbs

According to the American Veterinary Medical Association, 58.9 percent of all U.S. households own animals. For this reason, the care of animals in disasters is important to the care of humans. This course intended to increase awareness and preparedness among animal owners and care providers. It includes sections on why animal issues are an important consideration in emergency management and public health, typical hazards, how these affect animals and what can be done by responsible owners to reduce the impact of disasters. This 2-hour course does not intend to provide details on the care of animals in disasters, but to promote personal responsibility of animal owners and care providers.

If you are interested in receiving a copy of the course materials, Instructor Guide, Student Manuals and informational flyers contact your Regional Preparedness Coordinator.



Thank You – Kristy Bolen & Ron Enders

Submitted by Heather Walls

The Public Health Preparedness Medical Reserve Corps Program would like to send a special thank you to Kristy Bolen, Ashland-Boyd MRC and Ron Enders, River-Run Regional MRC for recruiting volunteers to participate in an exercise and interviews for a MRC recruitment video that is being produced for the state of Kentucky. Both Kristy and Ron went above and beyond to help out with the filming of this video. Thanks for your commitment to serve your community and to recruit MRC volunteers.

Heather Walls is also looking for MRC or event/exercise pictures that can be featured on the MRC recruitment video, if you have anything you would like to share, please contact Heather.Walls@ky.gov

Training - Know How

ICS400 – Big Sandy Federal Prison

Contact: Kimberly Hall

September 24 – 25

ICS300 ITV (Locations vary)

Contact: John Rudolph or your RPC

TRAIN registration required Course ID 1045489

This is a pilot course testing ICS classes being held in 3 consecutive weeks instead of 3 days in a row

Sept. 19, 26 & Oct. 3

Capability 5 – 9 training and Joint Preparedness ITV 1:30 – 4:30 ET

Contact: Teddy Slone

October 9

ICS 400 Train #1046091 - Ashland FCI

Registration on TRAIN using Course ID number is 1046091

Contact: John Hunt

October 23 - 24

ICS400 ITV (Locations vary)

Contact: John Rudolph or your RPC

TRAIN registration required Course ID 1045922

November 20 – 21

September 2013

Su Mo Tu We Th Fr Sa

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2013

Su Mo Tu We Th Fr Sa

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2013

Su Mo Tu We Th Fr Sa

					1	2
3	4	5	6	7	8	9
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Events and Exercises

KYEM CSEPP Exercise

Contact: Lisa Artigue

September 17 – 18

HPP Leadership meeting - Louisville

10:30 – 1:30 ET Contact: Brad Learn or Lisa Artigue

September 25

CSEPP ESF8 Hotwash

Madison Co. JIC – Contact Rebecca Hardin

September 27

KYEM Statewide Hospital Exercise

Contact KYEM

October 16-17

Region 15 (South and North) Planners Meeting

Jessamine Co HD – contact Rebecca Hardin or Jason Dotson

October 23

Joint Preparedness Meeting – Frankfort 8:30a – 4:30p ET

Contact: Kim Yazell

November 13

KY/TN UPC Meeting

Contact: Jessica Gover

November 22

Boyd and Rowan County LHDs Host Shelter meetings

Staff from Boyd and Rowan County LHDs, KYEM and Red Cross participated in local community sheltering planning meetings. These meetings were designed to start communication between all agencies that have a local response to sheltering. Discussion revolved around all agency responsibilities and how planning together as a community will make them better prepared.



Stephany Vento Participates in Warrior Dash

Stephany Vento, a CDC Fellow working in the Preparedness Branch participated in a Warrior Dash. The Warrior Dash is a 5k mud run hosted in various locations across the nation. This year Versailles, KY hosted the Warrior Dash on August 10th after a week of heavy rainfall- which created an even muddier experience for the "Warriors" that participated. The course was approximately 3.5 miles long with obstacle courses that included muddy trenches, mud mounds and pits, hay barrels and 12 foot walls to climb. Great job Stephany!!

Newsletter Submissions

Articles for the October newsletter are due September 20. Articles and pictures can be submitted through the RPCs or directly to KimD.Yazell@ky.gov

Holiday Reminder

This is a reminder that KDPH and most Health Departments will be closed on the following days:

November 11 – Veterans Day

November 28-29 - Thanksgiving